

Tri-State exercise options

Here are some of the locations in the Tri-State that offer exercise opportunities.

PLACE	LOCATION	ACTIVITY FEATURES	MORE INFORMATION
A. D. Lewis Community Center	1450 A. D. Lewis Ave., Huntington	Baseball field, basketball court and martial arts	304-696-5908
Barboursville Senior Center	721 Central Ave., Barboursville	Exercise classes and summer programs	304-736-5092
Boys & Girls Clubs of Huntington	734 14th St. W.; 520 Everett St., Huntington	Gymnasium and basketball leagues	304-523-5120
Ceredo-Kenova Community Center	1201 Poplar St., Kenova	Exercise facility, basketball court and exercise equipment	304-453-1121
Fairfield East Community Center	2711 8th Ave, Huntington	Senior programs, youth programs and baseball field	304-696-4467
Junior League Community Center	617 9th Ave., Huntington	Ballroom dance lessons	304-523-4175
Milton Senior Center	1032 Church St., Milton	Exercise equipment and exercise class	304-390-0020
Underwood Senior Center	632 9th Ave., Huntington	Dance classes, nutrition program and exercise equipment	304-529-3673
Westmoreland Senior Center	3609 Hugh St., Huntington	Exercise equipment and walking club	304-429-0070
Ritter Park	12th Street and 13th Avenue , Huntington	Playground equipment, picnic area, walking trails 1 mile, 4 miles	304-696-5954
Memorial Park & Arch	1301 Memorial Park Blvd., Huntington	Walking trail, sliding boards and picnic area	304-696-5954
Harveytown Park	Harveytown area in Huntington	Playground equipment, picnic tables and walking path	304-696-5954
Barboursville City Park	721 Central Ave., Barboursville	Baseball fields, basketball courts and walking trails	304-736-8994 www.barboursville.us
Rotary Park	U.S. 60 in Huntington	Hiking trails, two disc golf courses, playground, basketball court	304-696-5954
Harris Riverfront Park	One Civic Center Plaza, Huntington	Walking trail, boating and playground equipment	304-695-5990
Beech Fork State Park	5601 Long Branch Road, Barboursville	Fitness, nature trails, less than a mile, 1 mile, 5 miles	304-528-5794 www.beechforksp.com
Beech Fork Lake and Dam	5441 Beech Fork Road, Lavalette	Hiking trails, beach and lake	304-525-4231
Barboursville Elementary School	718 Central Ave., Barboursville	Walking track, playground equipment, exercise equipment	304-733-3000
Beverly Hills Middle School	2901 Saltwell Road, Huntington	Walking track (after school hours)	304-528-5201
Cabell Midland High School	2300 U.S. 60 E., Ona	Walking track (after school hours)	304-743-7400
Central City Elementary	2100 Washington Ave., Huntington	Walking trail (after school hours)	304-528-5231
Huntington High School	1 Highlander Way, Huntington	Walking track (after school hours)	304-528-6400
Milton Elementary School	1201 Pike St., Milton	Walking track (after school hours)	304-743-7303
Huntington Mall	Huntington Mall Road, Barboursville	Indoor walking area/track	304-733-0492
Huntington Museum of Art	2033 McCoy Road, Huntington	Spicebush Trail-.3 Miles, Tulip Tree Trail-1 Mile, behind museum	304-529-2701
St. Mary's Medical Center	2900 1st Ave., Huntington	Indoor walking area/track	304-526-1854 www.st-marys.org
HIMG Regional Medical Center	5170 U.S. 60 E., Huntington	Walking, yoga and jazzercise	304-399-2367 www.uhswv.com